



Tips for making art with young people

The young people who make art at SIGNAL have generously offered their thoughts about what makes a great art session. We hope you find this list useful.

- Create a safe space for young people to discuss their opinions and ideas. Listen respectfully and validate their viewpoints.
- Allow young people the freedom to create on their own terms, offering advice, tips, and problem solving where needed.
- Encourage young people to learn from each other as creative peers, as well as from artists and staff.
- Use images and examples from your own practice and other artists' work to inspire participants.
- Give young people time to learn to skills and create new work – don't rush the creative process.
- Be real about the ups and downs of the creative process!

Many thanks to the young people whose feedback at SIGNAL workshops contributed to this list.